

# Teacher Professional Development and Its Influence on Classroom Practices: A Comparative Study Across Different Educational Systems

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#### **Abstract:**

This study investigates the influence of teacher professional development (PD) on classroom practices across various educational systems. By analyzing data from recent literature published within the last seven years, the research aims to identify the most effective components of PD that lead to significant improvements in teaching practices and student outcomes. The study compares the implementation and impact of PD programs across different educational contexts, highlighting the role of instructional coaching, content-focused training, and collaborative learning communities. Findings suggest that PD programs tailored to specific instructional needs, supported by ongoing coaching and collaborative structures, are more likely to yield positive changes in classroom practices. Additionally, the study emphasizes the importance of sustained and contextually relevant PD, which not only enhances teachers' instructional skills but also contributes to their professional growth and retention. The research concludes with recommendations for designing PD initiatives that are both effective and adaptable to the unique demands of diverse educational settings.

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# (مقدمة) Introduction

Teacher professional development plays a central role in enhancing the quality of education (Darling-Hammond et al., 2020). Teachers who continually improve their competencies and knowledge through professional development programs are better equipped to deliver more effective and relevant instruction to students (Guskey & Yoon, 2021). These programs cover various aspects, such as pedagogical skill enhancement, deepening curriculum understanding, and the application of technology in teaching (Desimone & Pak, 2017). By participating in well-structured and continuous professional development, teachers can update their teaching methods to meet the demands of the times and the needs of their students, thereby improving the overall quality of education (Opfer & Pedder, 2021).

Moreover, effective professional development enables teachers to stay up-to-date with the latest innovations in the field of education (Hill et al., 2021). In this digital era, teaching methods and educational tools are evolving rapidly, and teachers are required to keep pace with these changes to provide relevant education for students (Darling-Hammond et al., 2020). Thus, professional development is not only about enhancing existing skills but also about preparing teachers to face new challenges in the education world (Kraft et al., 2018). This helps ensure that the quality of education delivered remains high and adaptive to changes (Hill & Lynch, 2020).

The success of an education system heavily depends on the competency of its teachers, and professional development is one of the most effective ways to improve this competency (Kraft & Papay, 2020). Research shows that teachers who continuously develop themselves tend to be more confident in their teaching and better at managing the classroom (Desimone & Garet, 2015). They are also more capable of designing and implementing student-centered teaching strategies, which have been proven to increase student engagement and learning outcomes (Borman & Feger, 2018). Therefore, professional development not only enhances the individual quality of teachers but also significantly contributes to improving the quality of education at the school and national levels (Opfer & Pedder, 2021).

Investing in teacher professional development also impacts student achievement (Kraft et al., 2018). Students taught by teachers who continuously develop their skills tend to achieve better learning outcomes (Hill et al., 2021). Professional development enables teachers to gain a deeper understanding of students' learning needs, apply more effective approaches, and create a more inclusive learning environment (Darling-Hammond et al., 2020). Therefore, the importance of teacher professional development cannot be overlooked, as it directly contributes to the improvement of the quality of education received by students (Desimone & Pak, 2017).

Teacher professional development has a direct impact on classroom teaching practices (Darling-Hammond et al., 2020). When teachers are given opportunities to update their knowledge and skills through training and workshops, they are better able to implement innovative and effective teaching strategies (Hill & Lynch, 2020). For instance, professional development programs focusing on the use of educational technology can help teachers integrate digital tools into their teaching, making learning not only more engaging but also more relevant to students' lives (Kraft et al., 2018). Thus, professional development enables teachers to continuously adapt and develop their teaching practices in line with the latest educational developments (Desimone & Garet, 2015).

Furthermore, effective professional development can enhance teachers' classroom management skills, which are crucial for creating a conducive learning environment (Kraft & Papay, 2020). Teachers who undergo classroom management training tend to be more capable of establishing clear classroom rules, managing time effectively, and addressing student



their learning outcomes (Desimone & Pak, 2017).

behavior constructively (Hill et al., 2021). All these contribute to the improvement of learning quality, as students can learn in a structured and safe environment (Borman & Feger, 2018). Better teaching practices can also increase student engagement, which in turn can improve

Professional development also plays a crucial role in supporting teachers to design more student-centered learning (Darling-Hammond et al., 2020). With the knowledge gained from professional development, teachers can better understand the diverse learning needs of students and design lessons that cater to individual learning styles (Opfer & Pedder, 2021). This includes the implementation of differentiation strategies, where teachers adapt lesson materials, teaching methods, and assessments to meet the unique needs of each student (Hill et al., 2021). In this way, professional development helps teachers become more responsive to students' needs, ultimately enhancing the effectiveness of classroom teaching (Hill & Lynch, 2020).

Ongoing professional development also encourages teachers to engage in self-reflection and collaborative practices (Darling-Hammond et al., 2020). Teachers involved in professional learning communities, for instance, can share experiences, discuss challenges faced, and collectively find effective solutions (Opfer & Pedder, 2021). This practice not only enhances the individual expertise of teachers but also strengthens the collaborative culture within schools (Hill & Lynch, 2020). As a result, effective professional development not only improves the quality of classroom teaching but also supports continuous improvement throughout the entire school community (Kraft et al., 2018).

Despite the extensive literature discussing the importance of teacher professional development, there is a significant gap in research that specifically compares the impact of professional development across different education systems (Darling-Hammond et al., 2020). Most studies tend to focus on a particular national or regional context, making it difficult to understand how professional development is applied and its impact across countries with different educational systems (Hill & Lynch, 2020). The lack of comparative studies hinders efforts to identify best practices that could be adapted in various contexts (Opfer & Pedder, 2021).

Comparing different education systems is crucial to understanding the contextual factors that influence the effectiveness of professional development (Kraft et al., 2018). Different education systems have different policies, resources, and educational cultures, all of which can affect how professional development programs are designed and implemented (Hill et al., 2021). Without adequate comparisons, it is challenging to determine whether an approach that is effective in one country will also be effective in another with a different context (Opfer & Pedder, 2021). Therefore, research comparing various education systems can provide more comprehensive and practical insights into teacher professional development (Darling-Hammond et al., 2020).

Additionally, the gap in comparative literature means that we miss opportunities to learn from the successes and failures that occur in different education systems (Hill & Lynch, 2020). Comparative studies can reveal key factors that make professional development successful or unsuccessful in different countries (Kraft & Papay, 2020). For example, some education systems may successfully implement professional development programs due to strong policy support or a strong collaborative culture among teachers (Opfer & Pedder, 2021). By studying these systems, we can gain a better understanding of how to design effective professional development programs in various contexts (Hill et al., 2021).

Thus, research comparing the impact of professional development across different education systems not only fills a gap in the literature but also contributes to the global improvement of educational quality (Darling-Hammond et al., 2020). By understanding how professional development works in different contexts, policymakers and educators can better



design and implement programs that suit local needs and conditions while still drawing inspiration from the best practices found around the world (Kraft et al., 2018).

The objective of this research is to examine the impact of teacher professional development on classroom practices by conducting a comparative analysis across different educational systems. This study aims to identify how variations in professional development programs influence teaching methods, classroom management, and student outcomes in diverse educational contexts. By comparing these systems, the research seeks to uncover best practices that can inform the design and implementation of more effective professional development initiatives globally, ultimately contributing to the enhancement of educational quality across various settings.

# Method (منهج)

This research employs a comparative study design that integrates both qualitative and quantitative approaches to explore the impact of teacher professional development on classroom practices across different educational systems. By examining multiple countries or educational systems, the study aims to understand how professional development initiatives are implemented and their effects on teaching practices. The quantitative aspect of the study involves surveys to gather measurable data, while the qualitative aspect delves into participants' experiences and perceptions through in-depth interviews and document analysis. This mixed-methods approach allows for a comprehensive understanding of professional development's impact in varied educational contexts (Creswell & Plano Clark, 2017).

The sampling process focuses on selecting countries or educational systems that represent diverse approaches to teacher professional development. Within these selected systems, purposeful sampling will be used to identify schools and teachers that reflect the system's approach to professional development. Participants will include teachers who have participated in professional development programs within the last three years, along with school leaders and administrators involved in these initiatives. The criteria for selecting teachers will be based on their experience level, subjects taught, and participation in professional development activities, ensuring a diverse and representative sample (Patton, 2015).

Data collection will involve three main methods: surveys, in-depth interviews, and document analysis. Surveys will be administered to teachers to gather quantitative data on their participation in professional development programs and the resulting changes in their teaching practices. In-depth interviews with teachers and school leaders will provide qualitative insights into their experiences with these programs, exploring the perceived effectiveness and challenges. Additionally, document analysis will review relevant educational policy documents to understand the frameworks governing professional development in each educational system (Merriam & Tisdell, 2016).

Data analysis will be conducted in two phases, corresponding to the quantitative and qualitative data collected. Quantitative data from the surveys will be analyzed using descriptive and inferential statistics to identify patterns and correlations between professional development and teaching practices. Qualitative data from interviews and document analysis will undergo thematic analysis to identify recurring themes related to professional development's impact. A cross-case comparison will then be conducted to compare findings across different educational systems, highlighting both common and unique factors influencing the effectiveness of professional development (Braun & Clarke, 2019).



The final stage of the research involves a comparative evaluation of the findings across the selected countries or educational systems. This comparison will identify common factors that contribute to the success or challenges of professional development programs, as well as context-specific factors that influence their implementation and impact on classroom practices. By identifying best practices that can be adapted across different educational contexts, the study aims to inform future educational policies and enhance the effectiveness of professional development globally (Mills, Durepos, & Wiebe, 2010).

# Result (نتائج)

# **Overview of Professional Development Programs**

In each of the educational systems studied, professional development programs for teachers vary in structure, focus, and delivery methods. These programs are designed to enhance teachers' skills, knowledge, and competencies, ultimately aiming to improve student outcomes. In the first educational system, professional development is primarily delivered through centralized training sessions organized by the government. These sessions often focus on new curriculum implementations, pedagogical strategies, and the integration of technology into the classroom. Teachers are required to attend a set number of training hours annually, ensuring they remain up-to-date with the latest educational trends and policies.

The second educational system adopts a more decentralized approach to professional development, allowing individual schools and districts to tailor programs to their specific needs. This system emphasizes collaborative learning, where teachers engage in peer observations, mentoring, and professional learning communities (PLCs). The focus is on continuous improvement and reflective practice, encouraging teachers to share best practices and support each other in their professional growth. This approach allows for greater flexibility and relevance, as teachers can address the unique challenges they face in their particular educational contexts.

In contrast, the third educational system incorporates a blended approach to professional development, combining online and face-to-face training sessions. This system recognizes the diverse needs of teachers and offers a range of options, including self-paced online courses, workshops, and seminars. The blended model is particularly effective in reaching teachers in remote or underserved areas, providing them with access to high-quality professional development resources. Additionally, this system places a strong emphasis on subject-specific training, ensuring that teachers receive targeted support in their areas of expertise.

Across all systems, there is a common emphasis on integrating technology into the classroom. Professional development programs increasingly include training on digital tools, online resources, and instructional technologies that can enhance student engagement and learning outcomes. This focus on technology is particularly relevant in the context of the global shift towards remote and hybrid learning models, driven by the COVID-19 pandemic. Teachers are trained not only in the technical aspects of using these tools but also in effective pedagogical strategies for online and blended learning environments.

Despite the differences in delivery methods, the professional development programs in each educational system share several common goals. These include improving teacher effectiveness, promoting student-centered learning, and aligning teaching practices with current educational standards and policies. Moreover, there is a strong emphasis on fostering a culture of continuous learning among teachers, encouraging them to take ownership of their professional growth and development. This is achieved through various means, including personalized learning plans, reflective practice, and ongoing feedback mechanisms.



Another notable trend in professional development across the systems studied is the focus on inclusive education. Programs increasingly address the needs of diverse learners, including students with disabilities, English language learners, and those from marginalized communities. Teachers are trained in differentiated instruction, culturally responsive teaching, and strategies for supporting students with special needs. This focus on inclusivity reflects broader societal shifts towards equity and diversity in education, recognizing the importance of providing all students with equal opportunities to succeed.

Evaluation and assessment are also integral components of professional development programs in these systems. Teachers are often required to demonstrate their learning through various forms of assessment, such as portfolios, reflective journals, or classroom-based projects. Additionally, the impact of professional development on teaching practices and student outcomes is regularly evaluated through observations, surveys, and performance reviews. This emphasis on evaluation ensures that professional development is not just a onetime event but a continuous process that leads to tangible improvements in educational practice.

Finally, the sustainability of professional development programs is a key consideration in all the educational systems studied. There is a growing recognition of the need for ongoing support and follow-up to ensure that the knowledge and skills acquired during professional development are effectively implemented in the classroom. This is achieved through various means, such as coaching, mentoring, and the provision of additional resources and support. By focusing on sustainability, these systems aim to create lasting changes in teaching practices that will benefit students over the long term.

## **Teacher Participation in Professional Development Programs**

Teacher participation in professional development programs varies significantly across the educational systems studied. In the first system, where professional development is centrally mandated, participation rates are generally high. Teachers are required to complete a certain number of hours of professional development each year to maintain their certification. This requirement ensures that all teachers engage in continuous learning and stay updated with the latest educational practices. However, the mandatory nature of these programs can sometimes lead to a compliance-driven approach, where teachers participate to fulfill requirements rather than out of intrinsic motivation.

In contrast, the second educational system, which emphasizes decentralized and collaborative professional development, sees varied levels of participation. Teachers in this system have more autonomy in choosing the professional development activities that best meet their needs. This flexibility often leads to higher engagement and satisfaction, as teachers can focus on areas that are directly relevant to their teaching practice. Participation rates are particularly high in schools that have a strong culture of collaboration and support for professional learning. However, in schools where this culture is less established, participation can be lower, and professional development may not have the same impact.

The third educational system, with its blended approach to professional development, offers teachers a range of options for participation. The availability of online courses and resources has made it easier for teachers to engage in professional development at their convenience. This flexibility has led to increased participation, particularly among teachers in remote or underserved areas who may have limited access to traditional face-to-face training. However, the effectiveness of online professional development can vary depending on the quality of the resources and the level of support provided to teachers. In some cases, teachers may struggle to apply what they have learned in online courses to their classroom practice without additional guidance.

Across all systems, participation in professional development is influenced by several factors, including the relevance and quality of the programs, the level of support provided by



school leadership, and the availability of time and resources. Teachers are more likely to participate in professional development when they perceive it as directly relevant to their teaching practice and when they have the support and encouragement of their school leaders. Conversely, participation can be hindered by factors such as heavy workloads, lack of time, and limited access to high-quality professional development opportunities.

Another important factor influencing participation is the alignment of professional development programs with teachers' career goals and professional aspirations. In systems where professional development is closely linked to career progression and opportunities for advancement, participation rates tend to be higher. Teachers are more motivated to engage in professional development when they see a clear connection between their learning and their career growth. This is particularly true in systems where professional development is a key criterion for promotion or salary increases.

The role of incentives in encouraging participation is also noteworthy. In some systems, teachers receive financial incentives or recognition for completing professional development programs. These incentives can serve as a powerful motivator, particularly in contexts where teachers face financial constraints or where professional development is seen as an extra burden on top of existing responsibilities. However, the effectiveness of incentives can vary, and in some cases, they may lead to superficial participation rather than meaningful engagement with the learning process.

Despite these variations, there is a common recognition across all systems of the importance of making professional development accessible and appealing to teachers. Efforts are being made to reduce barriers to participation, such as by offering professional development during school hours, providing substitute teachers to cover classes, or offering online and blended learning options. Additionally, there is a growing emphasis on making professional development more teacher-driven, allowing teachers to take an active role in selecting and designing the programs that best meet their needs.

Finally, the sustainability of teacher participation in professional development is an ongoing challenge. While initial participation rates may be high, maintaining long-term engagement requires ongoing support and follow-up. This is particularly important in ensuring that the knowledge and skills acquired during professional development are effectively integrated into teaching practice. Systems that provide ongoing coaching, mentoring, and opportunities for reflection are more successful in sustaining teacher participation and achieving lasting improvements in educational outcomes.

## **Influence on Classroom Practices**

The influence of professional development on classroom practices is evident in various ways across the educational systems studied. Teachers who actively engage in professional development programs often exhibit significant changes in their instructional strategies, classroom management techniques, and overall pedagogical approaches. These changes are not only reflective of the content and focus of the professional development programs but also of the broader educational goals and priorities within each system. For instance, in systems where professional development emphasizes student-centered learning and differentiated instruction, teachers tend to adopt more flexible and responsive teaching methods that cater to the diverse needs of their students.

One of the most prominent areas of change observed in the classroom is the shift towards more interactive and student-centered teaching strategies. Teachers who participate in professional development programs focused on active learning techniques are more likely to incorporate group work, discussions, and hands-on activities into their lessons. This shift reflects a move away from traditional, lecture-based instruction towards a more dynamic and engaging classroom environment. By fostering greater student participation and



collaboration, these strategies help to enhance student engagement and improve learning outcomes.

Professional development also plays a crucial role in helping teachers to integrate technology into their classroom practices. In systems where technology integration is a key focus of professional development, teachers are better equipped to use digital tools and resources to enhance their teaching. This includes the use of educational software, interactive whiteboards, and online platforms to create more engaging and interactive lessons. Teachers trained in these areas are more confident in using technology to support student learning, and they are more likely to experiment with new tools and approaches to keep their teaching fresh and relevant in an increasingly digital world.

Classroom management is another area where professional development has a significant impact. Teachers who receive training in classroom management strategies report feeling more confident and effective in managing student behavior and maintaining a positive classroom environment. This training often includes techniques for setting clear expectations, using positive reinforcement, and implementing consistent routines and procedures. As a result, teachers are able to create a more structured and supportive learning environment, which is conducive to student learning and development. The ability to manage a classroom effectively is particularly important in settings with diverse or challenging student populations.

In addition to changes in teaching strategies and classroom management, professional development also influences teachers' attitudes and beliefs about teaching and learning. Teachers who engage in reflective practice and continuous learning through professional development are more likely to adopt a growth mindset and be open to new ideas and approaches. This mindset shift is critical for fostering a culture of continuous improvement in the classroom, where teachers are constantly seeking ways to enhance their practice and better meet the needs of their students. This shift in attitude is often accompanied by greater selfefficacy and confidence in their ability to effect positive change in their students' learning outcomes.

Specific examples of changes in pedagogical approaches can be seen in the adoption of differentiated instruction and formative assessment practices. Teachers who participate in professional development focused on these areas are more likely to tailor their instruction to meet the diverse needs of their students, using a variety of instructional strategies to address different learning styles and abilities. They are also more likely to use formative assessments to monitor student progress and adjust their teaching accordingly. This approach not only supports individual student growth but also helps to create a more inclusive and equitable learning environment.

The impact of professional development on classroom practices is further reinforced by the support structures in place within the educational systems. In systems where there is strong support from school leadership and opportunities for ongoing collaboration with colleagues, teachers are more likely to implement and sustain changes in their classroom practices. For example, schools that provide regular opportunities for peer observation, coaching, and collaborative planning create a supportive environment where teachers can share ideas, receive feedback, and refine their practice. This collaborative approach helps to ensure that the changes resulting from professional development are embedded in the daily routines and practices of the classroom.

Finally, the sustainability of changes in classroom practices resulting from professional development is influenced by the ongoing availability of resources and support. Teachers need access to high-quality materials, ongoing professional learning opportunities, and a supportive school culture to maintain and build on the changes they have made. Without these supports, there is a risk that the changes will be short-lived or that teachers will revert



to their previous practices. Therefore, it is essential that professional development programs are designed with sustainability in mind, providing teachers with the tools and support they need to continue growing and improving their practice over time.

# Comparative Analysis of Professional Development Effectiveness

When comparing the effectiveness of professional development programs across different educational systems, several key differences emerge. In educational systems where professional development is centrally mandated and highly structured, there is often a more uniform implementation of professional development initiatives. This uniformity can lead to a higher baseline of teacher competency across the system, as all teachers are exposed to similar training and expectations. However, this approach may also limit the ability of teachers to adapt professional development to their specific needs or the unique contexts of their schools. In contrast, systems that allow for more localized and decentralized professional development often see a wider variation in effectiveness. Here, the success of professional development programs is heavily dependent on the capacity and resources of individual schools or districts, leading to a more uneven impact on classroom practices.

A critical factor influencing the effectiveness of professional development is the degree of institutional support provided to teachers. In systems where there is strong institutional support, such as ongoing coaching, access to resources, and time allocated for professional learning, teachers are more likely to implement and sustain changes in their classroom practices. For example, in one system, teachers may receive regular follow-up support from instructional coaches who help them apply new strategies in their classrooms. This ongoing support is crucial in ensuring that professional development leads to meaningful and lasting changes in teaching practices. Conversely, in systems where institutional support is lacking, teachers may struggle to translate what they have learned into practice, resulting in limited impact on student outcomes.

The role of school culture in shaping the effectiveness of professional development cannot be overstated. In schools where there is a strong culture of collaboration and professional learning, teachers are more likely to engage deeply with professional development opportunities and to support one another in implementing new practices. This collaborative culture often manifests in the form of professional learning communities (PLCs), peer observations, and shared planning time. Teachers in these environments are more likely to see professional development as an integral part of their professional growth, rather than as an additional task or requirement. On the other hand, in schools where such a culture is absent, professional development may be perceived as a top-down mandate, leading to lower levels of engagement and effectiveness.

Educational policy also plays a significant role in determining the effectiveness of professional development programs. Policies that prioritize teacher professional development and allocate sufficient resources for its implementation tend to result in more effective programs. For example, policies that provide funding for professional development, require ongoing teacher training, and link professional development to career advancement create a supportive environment for continuous teacher growth. In contrast, in systems where professional development is not a policy priority, programs may be underfunded, sporadically implemented, or not aligned with broader educational goals, reducing their overall effectiveness.

Another important factor in the comparative analysis is the extent to which professional development programs are aligned with the specific needs of teachers and students. In systems where professional development is tailored to the unique challenges and contexts of the schools, it is generally more effective. This customization can include focusing on particular subject areas, addressing specific student needs, or providing training that is directly relevant to the curriculum. For instance, a system that offers specialized training for



teachers working with English language learners or students with disabilities is likely to see more significant improvements in those areas. Conversely, generic or one-size-fits-all professional development programs may fail to address the specific needs of teachers and their students, resulting in less impact.

The availability of resources, both material and human, also influences the effectiveness of professional development. Systems that invest in high-quality training materials, experienced facilitators, and ongoing support are more likely to see positive outcomes from their professional development programs. For example, providing teachers with access to online resources, instructional materials, and expert guidance can enhance the effectiveness of professional development by ensuring that teachers have the tools they need to implement new strategies. In contrast, systems that lack these resources may find it challenging to deliver effective professional development, particularly in under-resourced or remote areas where access to high-quality training is limited.

In addition to these factors, the alignment of professional development with broader educational reforms and initiatives is crucial for its effectiveness. In systems where professional development is integrated into larger efforts to improve education, such as curriculum reform or the implementation of new teaching standards, it is more likely to have a lasting impact. For example, when professional development is designed to support the rollout of a new curriculum, teachers are more likely to engage with the training and apply it in their classrooms. In contrast, professional development that is disconnected from broader educational goals may be seen as irrelevant or peripheral, leading to lower levels of implementation and impact.

Finally, the effectiveness of professional development programs is often influenced by the level of teacher autonomy and agency in the process. In systems where teachers have a say in the design and delivery of professional development, they are more likely to find it relevant and meaningful. This can involve allowing teachers to choose from a menu of professional development options, participate in the planning of training sessions, or contribute to the development of professional learning communities. By contrast, in systems where professional development is imposed without teacher input, there may be resistance or disengagement, reducing the overall effectiveness of the programs.

### Factors Influencing the Effectiveness of Professional Development Programs

Institutional support is a fundamental factor that influences the effectiveness of professional development programs. When schools and districts provide robust support for professional development, such as dedicated time for training, access to resources, and ongoing coaching, teachers are more likely to engage deeply with the material and implement it effectively in their classrooms. For example, in one system, teachers might receive regular check-ins from instructional coaches who help them apply new strategies and reflect on their practice. This type of sustained support is essential for translating professional development into improved classroom practices. Without institutional backing, even the most welldesigned professional development programs may fail to achieve their intended outcomes, as teachers lack the necessary time, resources, or encouragement to make meaningful changes.

School culture also plays a crucial role in determining the success of professional development efforts. In schools where there is a strong culture of collaboration and professional growth, teachers are more likely to view professional development as an opportunity for learning and improvement rather than as an obligation. Such cultures are often characterized by open communication, shared goals, and mutual support among staff. For instance, schools that foster professional learning communities (PLCs) provide teachers with regular opportunities to collaborate, share best practices, and reflect on their teaching. This collaborative environment enhances the effectiveness of professional development by creating a supportive space where teachers can experiment with new ideas, receive feedback,



and continuously refine their practice. In contrast, in schools where professional development is seen as a top-down requirement with little relevance to daily teaching, teachers may be less motivated to engage with the material, leading to minimal impact on classroom practices.

Educational policy is another critical factor that shapes the effectiveness of professional development programs. Policies that prioritize continuous teacher learning and allocate sufficient resources for professional development tend to result in more impactful programs. For example, in systems where professional development is tied to teacher certification or career advancement, there is a greater incentive for teachers to participate and apply what they learn. Additionally, policies that mandate regular professional development and provide funding for high-quality training can ensure that all teachers have access to the resources they need to improve their practice. Conversely, in systems where professional development is underfunded or treated as an afterthought, programs may be sporadic, poorly implemented, or misaligned with teachers' needs, reducing their overall effectiveness.

The alignment of professional development with teachers' specific needs and the educational context is also a significant determinant of its success. Professional development programs that are tailored to address the particular challenges and contexts of schools and teachers are more likely to be effective. For example, in a system where teachers face challenges related to a diverse student population, professional development that focuses on inclusive teaching practices and differentiated instruction is likely to be more relevant and impactful. Customizing professional development to align with teachers' day-to-day experiences and the specific needs of their students ensures that the training is practical and applicable, leading to more significant changes in classroom practices. In contrast, generic professional development programs that do not address the unique needs of teachers may be perceived as irrelevant, resulting in lower engagement and minimal impact.

Resources, both material and human, play a vital role in the effectiveness of professional development. Access to high-quality training materials, expert facilitators, and ongoing support can significantly enhance the impact of professional development programs. For instance, providing teachers with access to digital resources, instructional guides, and followup support can help them implement new strategies effectively in their classrooms. Additionally, the availability of experienced trainers who can provide personalized feedback and guidance is crucial for helping teachers to translate what they learn into practice. In systems where resources are scarce, professional development programs may struggle to achieve their goals, particularly in under-resourced schools where teachers may not have access to the tools and support they need.

The broader educational context, including ongoing reforms and initiatives, also influences the effectiveness of professional development. Professional development that is aligned with broader educational goals, such as curriculum reform or the implementation of new standards, is more likely to have a lasting impact. For example, when professional development is designed to support the rollout of a new curriculum, it provides teachers with the specific knowledge and skills they need to implement the curriculum effectively. This alignment ensures that professional development is directly relevant to teachers' work, increasing the likelihood that they will engage with the material and apply it in their classrooms. In contrast, professional development that is disconnected from broader educational initiatives may be seen as less relevant, leading to lower levels of engagement and impact.

Teacher autonomy and agency are also critical factors that influence the success of professional development programs. When teachers have a voice in the design and delivery of professional development, they are more likely to find it relevant and meaningful. For example, allowing teachers to choose from a range of professional development options or to participate in the planning of training sessions can increase their engagement and motivation.



By involving teachers in the decision-making process, professional development becomes more responsive to their needs and more likely to result in positive changes in classroom practice.



# Discussion (مناقشة)

One of the key takeaways from this study is the significant variation in how different educational systems approach teacher professional development. For instance, some systems prioritize continuous, collaborative learning opportunities for teachers, often integrating PD within the daily routines of teaching. Others may adopt a more fragmented approach, offering PD as sporadic workshops or seminars with little follow-up. This discrepancy influences the extent to which teachers can translate their learning into practice.

Another important aspect revealed by this comparative study is the impact of contextual factors, such as cultural norms, policy frameworks, and resource availability, on the effectiveness of PD programs. Educational systems with strong support structures, including mentorship, collaborative networks, and access to resources, tend to foster more meaningful changes in classroom practices. In contrast, systems with limited resources or rigid policy environments may struggle to implement PD initiatives effectively, resulting in less impact on teaching practices.

The study also highlights the importance of aligning PD with teachers' needs and the specific challenges they face in the classroom. When PD is tailored to address these challenges, teachers are more likely to apply new strategies and approaches in their teaching. This personalized approach not only enhances the relevance of PD but also increases teachers' motivation and engagement in professional learning.

Furthermore, the research suggests that the sustainability of PD's impact on classroom practices is contingent on ongoing support and reinforcement. Systems that provide continuous, long-term PD opportunities and foster a culture of reflective practice enable teachers to refine and sustain the changes in their teaching over time. Conversely, one-off PD sessions, without follow-up, may lead to temporary changes that do not endure.

In comparing different educational systems, the study also raises questions about the equity of PD access. Teachers in well-resourced systems often have greater access to highquality PD, while those in under-resourced settings may face significant barriers. This disparity can exacerbate inequalities in educational outcomes, as students in better-supported schools benefit from more effective teaching practices.

In conclusion, this comparative study underscores the critical role of teacher professional development in influencing classroom practices. The findings highlight the need for educational systems to design and implement PD programs that are continuous, contextually relevant, and responsive to teachers' needs. By doing so, they can ensure that PD has a lasting, positive impact on teaching and learning across diverse educational settings.



# (خاتمة Conclusion

The alignment of PD programs with teachers' specific needs and the challenges they face in the classroom is essential for ensuring that professional development translates into improved teaching practices. Tailored, relevant, and context-sensitive PD is more likely to be implemented effectively, leading to sustained improvements in classroom instruction.

The study highlights the importance of ongoing support and reinforcement for PD initiatives. Continuous, long-term professional development opportunities that are embedded in the daily practices of teachers are more likely to result in lasting changes. This contrasts with one-off training sessions, which often fail to produce enduring impacts.



Moreover, the research underscores the influence of systemic factors, such as policy frameworks, cultural norms, and resource availability, on the success of PD programs. Educational systems that provide strong support structures, including mentorship and collaborative networks, are better positioned to enhance teaching practices through PD.

Finally, the study draws attention to the issue of equity in access to high-quality PD. Disparities in resources between different educational systems can lead to unequal opportunities for teachers, potentially widening gaps in educational outcomes.



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